What you need to know before your first DigniCap® treatment

You have been referred to use The DigniCap Scalp Cooling System because your doctor believes you may be a good candidate for scalp cooling. This booklet contains important instructions to get started.

Contact our Patient Support Center with any questions:
Email support@dignicap.com
Web dignicap.com/helpdesk
Phone 877-350-2150
**Is scalp cooling right for me?**

- I understand that scalp cooling may cause pain or discomfort with extreme cold sensitivity, which typically diminishes within the first 30 minutes of treatment.
- I understand there are special hair care recommendations.
- I understand that treatment scheduling will depend on machine availability.
- I will need to have a cap fitting done prior to the first treatment.
- I understand that if I use this service it will require additional time after the infusion (90-180 minutes).
- I understand that the goal of treatment with DigniCap is less than 50% hair loss.
- I am aware that shedding will occur and that DigniCap will not completely prevent hair loss.
- I understand that the amount of hair loss is dependent on several factors including the chemotherapy regimen, dosage, duration of drug infusion, chemotherapy drug, metabolism, and other medical conditions.
- I understand that insurance may not cover the cost of scalp cooling treatments.
- I have discussed the DigniCap contraindications and warnings with my provider and understand these risks.
- I understand that scalp cooling results are variable and that there is no guarantee of success.

**BEFORE YOUR FIRST TREATMENT**

It is important for you to watch the training videos located at DigniCap.com/click.

Watch the videos several times until you are familiar with the capping process.

**NOTE:** DigniCap offers the ability to reduce hair loss from chemotherapy. However, most patients will still lose some hair. The hair shedding process usually begins 14-21 days from your first chemotherapy infusion. Depending on your regimen, it is usually around the second treatment. If you are on a weekly dose, shedding typically begins after the 4th treatment.

**AFTER CHEMOTHERAPY**

Share your experience with scalp cooling and insurance at scalpcoolingsurvey.org
PATIENT INSTRUCTIONS - CREATING AN ACCOUNT AND PAYMENT INSTRUCTIONS

1. Inform your care coordinator that you intend to use DigniCap so they can schedule your treatment.

2. As soon as you have scheduled your first treatment, create an account on the patient portal at myDigniCap.com. There you can access the Patient Support Center, view your account and share your experience.

3. Once logged in you will see directions on how to make your payment. Depending on the facility, payment will either be made at the facility or online through myDigniCap.com.

4. If the website directs you to pay through myDigniCap.com:
   • Before each treatment you must also log in to pay and consent, or The DigniCap Scalp Cooling System cannot be used.
   • Payment must be made at least 24 hours before your treatment.
   • Once payment is made you will receive a confirmation email that contains a unique 4-digit order number for each treatment. You must bring this order number with you to the infusion center for your treatment.

5. If the website directs you to pay your facility, contact your provider for pricing and payment information.

6. Return to myDigniCap.com throughout your treatment to share your experience and access additional information.

7. Financial support may be available through insurance or other organizations. See the Insurance and Financial Resources page on the back of this guide.

8. Prior to your first infusion carefully review the hair care recommendations in the Patient Information booklet or at dignicap.com/haircare.

9. On chemo day you may wish to take a blanket, neck pillow, and towel with you. Ask your nurse what is provided at the infusion center.

NEED HELP CREATING YOUR ACCOUNT?
Contact the Patient Support Center
877-350-2150 or support@dignicap.com

DIGNICAP®
Hair loss is no longer inevitable
PREPARING FOR YOUR FIRST TREATMENT

DigniCap Sizes and Fit
Your provider will give you a Custom Fit Kit and schedule a cap fitting session before your first treatment. It is important that the silicone cap is fitted very closely to your scalp as any air trapped between the scalp and the cap may negatively affect the cooling and results.

Bring your Custom Fit Kit to each treatment
This kit contains items you will need to use DigniCap:
- Adjustable chin strap
- Knit cap
- Spray bottle
- Comb

The infusion center will provide the 2 caps needed for treatment.
1) DigniCap (silicone inner cap)
2) DigniTherm Click Cap (neoprene outer cap)
Both caps come in 4 sizes: XS (red), S (blue), M (green), and L (yellow).

STEP-BY-STEP – PUTTING ON THE CAPS

STEP 1 Prepare Materials
Make sure the correct size of silicone inner cap and the matching neoprene outer cap are at your infusion chair. Remove items in the kit from the sanitary plastic packaging.

STEP 2 Wet Hair
Fill the spray bottle with room temperature water and wet your hair thoroughly. You may wish to do this in the restroom with a mirror or with the help of a friend or caregiver and have a towel on your shoulders. Saturate hair by sections and be sure the roots are wet. Hair and roots should be wet but not dripping.

STEP 3 Comb Hair
Using the comb, part hair in the center. Comb all hair straight down and as flat as possible. Use your hands to gently smooth hair down against your head. Do not tuck hair behind ears.

STEP 4 Place Inner Cap
Place the colored silicone cap directly on your wet head. Cap should fit flat on top of head. Use both hands and rock the cap side to side to ensure contact with crown of head. You may need assistance to ensure the cap goes on straight and stays in position.
STEP 5  Place Knit Cap
Position the knit cap over the silicone cap and pull down tightly. The cap ribbing goes at the back of the neck, velcro faces in. The knit cap should completely cover the silicone. Press down on top of head to further flatten the inner cap. Holding the knit ends, cross under the chin and secure to the opposite side. The velcro will adhere wherever it is placed.

STEP 6  Prepare The Outer Cap And Strap
Holding the neoprene outer cap, attach one side of the chin strap into the buckle. Make sure the Boa dials are in the open position (see Boa Dial illustration below).

STEP 7  Place The Outer Cap
To put on the neoprene outer cap, make sure the logo is facing forward. Use both hands looping your fingers through the ear holes and pull down securely. Smooth the cap from the top, down the sides and back until you have close contact across all parts of your head.

STEP 8  Tightening The Outer Cap
Attach the second end of the chin strap into the buckle. Pull on the strap ends to partially tighten. Push the Boa dials to the closed position and twist 1-2 times forward. Alternate between twisting the dials and pulling the chin strap until desired fit is achieved. \textbf{Do not over-tighten}. For a correct fit the cap should be snug but not tight.

\textit{You're now ready to begin your scalp cooling treatment.}

COMPLETION OF TREATMENT
After completing 90-180 minutes of post-infusion cooling, the cooling cap remains on for another 5-10 minutes to allow the temperature to slowly increase back to room temperature and diminish discomfort.

AFTER TREATMENT
To remove the DigniTherm Click Cap, release one side of the chin strap. Pull out the Boa dial on each side. This will release tension in the cap and allow for easy removal.

Wash the knit cap in a washing machine after each use to maintain shape.
INSURANCE AND FINANCIAL RESOURCES

Coding, coverage, and payment of medical scalp cooling therapeutics for the prevention of chemotherapy-related alopecia has not yet become an industry standard, however some DigniCap patients are submitting insurance claims and receiving reimbursement. Success with reimbursement varies depending on plan, coverage, and location.

To submit for insurance reimbursement:
1. Obtain a blank claim form from your insurer.
2. ICD codes on your claim form need to match your diagnosis exactly. These will likely be in the range of: 0–C96.9 (Malignant neoplasm)
3. Suggested ICD diagnosis codes are:
   - Z51.11 (Antineoplastic chemotherapy)
   - L65.9 (Nonscarring hair loss unspecified, chemotherapy induced alopecia)
4. You may need to provide a CPT procedure or service code. There is not a unique CPT code for scalp cooling.

Suggested CPT codes are:
   - 97039 (Constant attendance)
   - A9273 (Ice cap, cold wrap or pack)
   - A9282 (Wig any type, Cranial/scalp prosthesis)

In your initial insurance submission you should include:
• Letter of medical necessity from your doctor
• Doctor’s progress notes that says you are using scalp cooling
• Medical journal articles (download from dignicap.com/insurance)

NOTE:
• Ask your doctor’s financial office for assistance in filing for reimbursement.
• Dignitana cannot bill a Third Party Payer on your behalf.
• Reimbursement may require that you have multiple communications with the insurance provider.
• Insurance coverage varies among individual plans. Co-pays and minimums may also affect any reimbursements, depending on the plan details.
• Requesting reimbursement from a Third Party Payer may not result in payment as scalp cooling may not be covered by your insurance company. If covered, the dollar amount of coverage may vary.

For information on other financial resources refer to the Patient Information Booklet or go to dignicap.com/patientassistance.